

Newsletter Item 17

Aim: To provide families with an understanding of actions they and their children can take to save and report evidence of cyberbullying

**Cyberbullying leaves a trail**

Many young people are unaware that everything they say and do online leaves a ‘digital footprint’ and although they may have deleted a message, picture or website, this can never fully be deleted.

If your child has been cyberbullied, here are a few tips for how you can save and report the evidence:

Phones: screenshot messages to keep evidence. For nuisance calls or messages you can contact your mobile phone service provider and for threatening calls or messages, contact the Police.

Online content: If content is posted on a website you need to contact the website directly. Most social media have pages where you can report ‘inappropriate’ behaviour.

Alternatively you can find more information on the eSafety Commissioner Website at: https://www.esafety.gov.au/parents