

OASIS (2021-2025)

Aim

To empower school communities to support student mental health and wellbeing through an Online Assessment, Support and Implementation System (OASIS).

The overarching aim of OASIS project is to provide both primary and secondary schools with the necessary support to effectively implement the best evidence-based whole-schools mental health and wellbeing policies and practices that best address the needs of the students' and that best fit the schools context.

Methods

Phase 1 (July 2021 – Dec 2023): involves the partner and consumer co-development and piloting of the OASIS tool using of the OASIS proof-of-concept scoping study findings from 10 SA schools and a common elements analysis of whole-school mental health and wellbeing practices

Phase 2 (Jan 2023 – June 2025): comprises a pragmatic stepped-wedge intervention trial of OASIS to increase school staff capabilities and student outcomes

Phase 3 (July 2025 – June 2026): focusses on knowledge translation and working with the community and other key stakeholders to scale the OASIS tool to all WA schools and support ongoing student mental health policy and practice change

Results/Findings

In progress

Who is involved?

Investigators: Prof Donna Cross, Prof Peter Gething, A/Prof Asha Bowen, Prof Juli Coffin, Prof Frank Oberklaid, Dr Natasha Pearce, Prof Dorothy Espelage, A/Prof Kay Bussey, Dr Kevin Runions, Dr Jacinta Francis

Team Members: Donna Cross, Natasha Pearce, Erin Erceg, Kevin Runions, Matilda Attey

Funder of the project: Healthway & Lotterywest

Partners: WA Dept of Education, WA Dept of Health, WA Mental Health Commissioner & WA Commissioner for Children and Young People

