**Updated Friendly Schools Primary Literature lists**

|  |  |  |  |
| --- | --- | --- | --- |
| **Early Years 4 year olds** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles/ May be already in your library** |
| Self awareness  Focus 2  Feeling happy | **When I’m Feeling Happy** – Trace Moroney  **(Set of feelings books** by Trace Moroney for K-Year 1  - When I am feeling happy  - When I am feeling sad  - When I am feeling lonely  - When I am feeling scared  - When I am feeling angry  - When I am feeling jealous | All available from Dymocks Booktopia | * Feelings Book by Todd Parr at Booktopia and Dymocks * The Feel Good Book by Todd Parr at Booktopia * If you’re happy and you know it, clap your hands! By David Carter at Dymocks |
| Self awareness  Focus 3  Sad feelings | **When I’m Feeling Sad** – Trace Moroney | Booktopia, Dymocks | * Feeling Sad Barnham Kay/ Gordon Mike at Dymocks and Booktopia * When I feel sad (The Way I Feel books) by Cornelia Maude Spelman and Kathy Parkinson at Dymocks and Booktopia * When I am sad by E. Moore at Dymocks * My friend is sad: an Elephant and Piggie book by Mo Willems at Dymocks and Booktopia |
| Self awareness  Focus 4  Scary feelings | **Splat the cat** – Rob Scotton  When I am feeling scared by Trace Moroney | Booktopia, Dymocks  Dymocks Booktopia | * When I feel scared (The Way I Feel Books) by Cornelia Maude Spelman and Kathy Parkinson at Dymocks and Booktopia * Bear feels scared by Karma Wilson and Jane Chapman at Dymocks and Booktopia * Feeling Frightened by Kay Barnham available at Dymocks and Booktopia |
| Self awareness  Focus 5  Angry feelings | **I was so mad** – Mercer May | Booktopia, Dymocks  Dymocks Booktopia | * Llama llama mad at mama by Anna Dewdney at Booktopia, Dymocks * Feeling Angry Douglass Katie/ Gordon Mike at Booktopia, Dymocks * Everybody feels angry by Moira Butterfield at Booktopia, Dymocks * Cool down and work through anger (Learning to get along) by Cheri J. Meiners at Booktopia, Dymocks |
| Self management  Focus 1 When you’re having a bad day | **One of those days** – Amy Krouse Rosenthal | Booktopia, Dymocks | * Franklin’s bad day by Paulette Bourgeois and Brenda Clark at Dymocks, Booktopia * Alexander and the terrible, horrible, no good, very bad day by Judith Viorst and Ray Cruz at Dymocks, Booktopia |
| Self management  Focus 2  Being bossy | **Annie’s Chair** by Deborah Niland | Booktopia, Dymocks | * Franklin is bossy by Paulette Bourgeois and Brenda Clark at Dymocks and Booktopia * Little Miss Bossy by Roger Hargreaves at Dymocks, Booktopia * Bossy Bear by David Horvath Just like Bossy Bear by David Horvath |
| Self management  Focus 3  Social mistakes - when you can’t get what you want | **You Get What You Get** by **Julie Gassman** | Scholastic, Booktopia, Dymocks  Dymocks | * **It’s not fair!** By Amy Krouse Rosenthal and Tom Lichtenheld at Booktopia * **"It's Not Fair!"** Linus Mundy at Dymocks and Booktopia * What If Everybody Did That by Ellen Javernick at Dymocks and Booktopia * **The Day Leo Said I Hate You!** by Robie H. Harris |
| Social awareness  Focus 1 Using manners – please, may I and thank you | **Emily’s magic words** by Cindy Post Senning and Leo Landry  **Do Unto Otters** A Book about Manners by Laurie Keller or  **Rude Cakes** by Rowboat Watkins | BookDepository  Booktopia, Dymocks  Booktopia, Dymocks | * Monster Knows Please and thank you Connie Colwell Miller - Booktopia |
| Social awareness  Focus 2  Saying sorry | **‘Say Sorry Sidney’** by Caryl Hart | Booktopia, | * + - Sorry! by Trudi Ludwig and Maurie J. Manning at Dymocks and Booktopia     - Mouse says sorry by Michael Dahl at Dymocks and Booktopia     - **Martha Doesn’t Say Sorry -** by Samantha Berger     - Sorry! by Norbert Landa and Tim Warnes Scholastic |
| Social awareness  Focus 3  Excuse me | **‘Cheeky Monkey Manners –** Excuse Me’ by Lisa Kerr  **‘Excuse Me’** by Lake Press | Dymocks | * Hippo Says “Excuse Me” Michael Dahl at Dymocks and Booktopia   **Excuse me!** by Lisa Kopelke  **Excuse Me** – Dave Hughes |
| Relationships Focus  1. Sharing and Taking turns | Emily’s sharing and caring book by Cindy Post Senning  Unavailable  **Pug the pig** – Aaron Blabey | Scholastic Dymocks  Booktopia, | * **Share and take turns** (Learning to Get Along, Book 1) by Cheri J. Meiners at Dymocks and Booktopia * Why should I share? (Why Should I Books) by Claire Llewellyn and Mike Gordon |
| Relationships Focus 2  Helping each other | **The Little Red Hen** by Paul Galdone | Booktopia, Dymocks Many versions avail: | * When I care about others by Cornelia Maude Spelman and Kathy Parkinson at Booktopia |
| Relationships Focus 3  Listening to each other | **Listen Buddy** by Helen Lester | Booktopia, Dymocks | * Howard B.Wiggle bottom learns to listen by Howard Binkow and Susan F. Cornelison at Dymocks * Why should I listen? (Why Should I Books) by Claire Llewellyn and Mike Gordon |

|  |  |  |  |
| --- | --- | --- | --- |
| **Foundation 5 year olds** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles** |
| Self awareness  Focus 1  We are special kids | **We're All Wonders** - R J Palacio | Booktopia and Dymocks | **The follow set can be used for the lessons for this age group.**   * **Behaviour matters –** (Story set available from Dymocks) * Giraffe Is Left Out * Hippo Owns Up * Elephant Learns to Share * Lion’s in a Flap * Monkey Needs to Listen * Tiger Has a Tantrum.   **At The End Of The Rainbow** by A.H.Benjamin |
| Self awareness  Focus 2  Our feelings and emotions | **I Am A Rainbow** by Dolly Parton  Or if you can’t get this  **Today I feel silly, and other moods that make my day** by Jamie-Lee Curtis and Laura Cornell | Booktopia, Dymocks | * Feelings Book by Todd Parr at Booktopia, Dymocks * [The Color Monster](https://www.booktopia.com.au/the-color-monster-anna-llenas/prod9781454917298.html) [A Pop-Up Book of Feelings](https://www.booktopia.com.au/the-color-monster-anna-llenas/prod9781454917298.html) Anna Llenas at Booktopia * Feelings to share from A to Z by Todd and Peggy Snow and Carrie Hartman at Dymocks |
| Self awareness  Focus 3 Feeling grumpy and angry  First story suggestion | **Smudge’s Grumpy Day** by Miriam Moss  **Very Grumpy Day -** Stella J. Jones  **or**  **The Very Cranky Bear** by Nick Bland  **or**  **Gregory’s Grumpy Day: Dealing with Feelings by** Nicola Call | Dymocks and Booktopia  Booktopia or Scholastic  Dymocks | * Mr Grumpy by Roger Hargreaves at Booktopia, Dymocks * Marvin Gets MAD! by Joseph Theobald at Booktopia, Dymocks * What are you so grumpy about? By Tom Lichtenfield at Dymocks, Booktopia |
| Self awareness  Focus 3  Feeling grumpy and angry  Second story suggestion | **When I Am Feeling Angry** by Trace Moroney | Booktopia, Dymocks | * When Sophie gets angry–really, really angry by Molly Bang Dymocks and Booktopia * Llama llama mad at mama by Anna Dewdney Dymocks and Booktopia |
| Self awareness  Focus 4  Feeling excited | **An Elephant & Piggie Book: I Will Surprise My Friend! By** Mo Willems | Booktopia | * A boy and a bear: the children’s relaxation book by Lori Lite Dymocks and Booktopia * **Surprise!** by Karen Andrews |
| Self management  Focus 1 Knowing how I feel | **Boo Hoo Bird** by Jeremy Tankard | Booktopia  Scholastic | * **Cheer Up Your Teddy Emily Brown by** **Cressida Cowell** Dymocks and Booktopia * **Cheer up, Mouse! by Jed Henry** |
| Self management  Focus 2  Controlling grumpy and angry feelings | **Grumpy Bird** by Jeremy Tankard | Booktopia, Dymocks | * The Bad tempered Ladybug by Eric Carle at Booktopia, Dymocks * Cool down and work through anger (Learning to get along) by Cheri J. Meiners at Booktopia, Dymocks * Angry octopus: A relaxation story by Lori Lite Cool down and work through anger Booktopia and Dymocks * When I feel angry by Cornelia Maude Spelman and Nancy Cote at Dymocks and Booktopia |
| Self management  Focus 3  Feeling brave when you are scared | **Scaredy Bat** by Erin Erceg and Sam Cecins  Adittional books to read:  **Be Brave Little Penguin by Giles Andreae**  **Very Brave Bear by Nick Bland** | This text is on the resource sheet in the Teacher resource book  Dymocks and Booktopia  Dymocks and Booktopia | * When I am feeling scared - **Set of feelings books** by Trace Moroney at Dymocks and Booktopia * Rainbow Fish and the sea monsters’ cave by Marcus Pfister at Dymocks and Booktopia |
| Social awareness  Focus 1  Caring, sharing and friendship | **The Rainbow Fish** by Marcus Pfister  New  **Up and down by Oliver Jeffers** | Booktopia, Dymocks Scholastic  Dymocks and Booktopia | * Scaredy squirrel makes a friend by Melanie Watt Dymocks and Booktopia * My friend is sad: an Elephant and Piggie book by Mo Willems Dymocks and Booktopia * [**Will I Have a Friend?**](https://www.booktopia.com.au/will-i-have-a-friend--miriam-cohen/prod9780689713330.html) By Miriam Cohen – Dymocks and Booktopia & Peoplemaking |
| Social awareness  Focus 2  Sharing and taking turns | **It's My Turn** byNicola Call | Booktopia | * + - **It's My Turn by** Nicola Call at Dymocks and Booktopia     - **It’s My Turn Smudge** by Miriam Moss     - **It’s my turn, by David Bedford**     - The mine-o-saur by Sudipta Bardhan-Quallen and David Clark |
| Social awareness  Focus 3  Working through a problem | **The Rainbow Fish And The Big Blue Whale** by Marcus Pfister | Booktopia, Dymocks Scholastic | * Talk and work it out by Cheri J. Meiners Dymocks and Booktopia |
| Social awareness  Focus 4  Including others | **The Rainbow Fish to the Rescue** by Marcus Pfister | Booktopia, Dymocks Scholastic | * Lost and found by Oliver Jeffers at Dymocks and Booktopia * Can I play too?: an Elephant and Piggie book by Mo Willems at Dymocks and Booktopia |
| Relationship Skills  Focus 1  Class rules about being friendly | **Chrysanthemum** by Kevin Henkes | Booktopia, Dymocks  Dymocks | **Playground is Like a Jungle - Big Hug Book by** Shona Innes - Dymocks and Booktopia  **Sorry, I Forgot to Ask! My Story about Asking Permission and Making an Apology! By** Julia Cook - Peoplemaking books Vic and Booktopia and Dymocks |

|  |  |  |  |
| --- | --- | --- | --- |
| **Year 1** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles** |
| Self Awareness  Focus 1. We Are All Similar And Different In Some Way | **It’s Okay To Be Different** Bytodd Parr  **Just The Way We Are - By Claire Robertson** | **Dymocks**  **Dymocks** | * **Whoever you are by Mem Fox at Dymocks and Booktopia** * Rosie Sips Spiders by Alison Lester at Dymocks and Booktopia |
| Self awareness  Focus 3  We all feel worried sometimes | **Silly Billy** by Anthony Browne  Or  Go away Mr Worrythoughts! By Nicky Johnston (PM) | Booktopia, Dymocks  Booktopia, Dymocks | * The huge bag of worries by Virginia Ironside and Frank Rodgers at Dymocks and Booktopia * Dealing with Feeling – Worried by Isabel Thomas at Dymocks, Booktopia and Peoplemaking books Vic.) * Is A Worry Worrying You? by Ferida Wolff and Harriet May Savitz at Dymocks and Booktopia |
| Self management  Focus 1  Hurt feelings | **Hurty Feelings** by Helen Lester | Booktopia, Dymocks | * Love Splat by Rob Scotton at Dymocks and Booktopia * Roses Are Pink, Your Feet Really Stink by Diane de Groat at Dymocks and Booktopia |
| Self management  Focus 2  Feeling shy | **Little Miss Shy** by Roger Haregraves  or  **Dealing with Feeling – SHY** byIsabel Thomas | Booktopia, Dymocks  Peoplemaking books Vic, Dymocks and Booktopia | * **Miss Hazeltine's Home for Shy and Fearful Cats by Alicia Potter** - Booktopia and Dymocks |
| Self management  Focus 3  Feeling left out and lonely | **Pete The Sheep** by Jackie French | Booktopia, Dymocks | * **When I am feeling Lonely by Trace Moroney -** Booktopia and Dymocks |
| Social awareness  Focus 1 Being thoughtful, caring and polite | **This Is Our House** by Michael Rosen and Bob Graham (about exclusion)  **Strictly No Elephants -** Lisa Mantchev (about exclusion) | Booktopia, Dymocks  Booktopia, Dymocks | * My Cat Maisie by Pamela Allen at Dymocks and Booktopia |
| Social awareness  Focus 2 Using friendly behaviours to make friends | **My Friend Bear** by Jez Alenborough | Booktopia, Dymocks | * Friends by Helme Heine at Dymocks and Booktopia * **Friendship Is Like A Seesaw A Big Hug Book** by Shona Innes - at Dymocks and Booktopia * [**We Are Best Friends**](https://www.booktopia.com.au/we-are-best-friends-aliki/prod9780688070373.html) by [Aliki](https://www.booktopia.com.au/search.ep?author=Aliki) - Booktopia & Peoplemaking |
| Social Decision Making 1. We all have choices | **How To Lose All Your Friends** by Nancy Carlson  **Way I Act by** Steve Metzger | Booktopia &  Peoplemaking Vic  Booktopia |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Year 2** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles** |
| Self awareness  Focus 1 Diversity of my world | **Willow** By Denise Brennan- Nelson  Or  **The Dot** by Peter H. Reynolds | Dymocks, Booktopia  Dymocks Booktopia | * **Just the Way We are by Claire Robertson** at Dymocks and Booktopia * **Odd Velvet by** **Mary Whitcomb** Peoplemaking books Vic., Dymocks and Booktopia |
| Self awareness Focus 1 Diversity of my world | **We're All Wonders: R J Palacio** | Dymocks, Booktopia |  |
| Self awareness Focus 2 Seeing the bright side | **House For Hermit Crab by Eric Carle** | Dymocks, Booktopia |  |
| Self awareness Focus 3 The power of a smile | **Little Miss Sunshine by Roger Hargreaves**  **Smile! Starring Sunny McCloud by**  Leigh Hodgkinson | Dymocks, Booktopia  Bookdepository |  |
| Self management  Focus 1 Different feelings, different days | **My Many Coloured Days By Dr Suess**  **In My Heart - A Book of Feelings** byJo Witek | Booktopia, Dymocks  Peoplemaking Vic  Booktopia, Dymocks |  |
| Self management  Focus 2 Helping myself when I’m feeling blue | ‘Poems about Emotions’ by Brian Moses  **The blue day book for kids –** by Bradley Trevor Greive  Next poem is about strategies to feel better:  **Feeling Sad** - Barnham Kay/ Gordon Mike  or  **Sad -** Thomas Isabel | Dymocks and Booktopia  Booktopia  Angus and Robertson  Dymocks and Booktopia  Dymocks and Booktopia | **Subtitute Poem for first use of Can anyone be as gloomy as me?**  Today I am feeling blue  Not sure why I just am  Tomorrow I will choose to be a different colour  But for today am just a little bit blue  **Can anyone be as gloomy as me?:** Poems about being sad by Nick Toczek |
| Self management  Focus 3 Responding to feelings of frustration and anger | **Red Beast** by Kay Al Gani  **I feel Angry (Your Emotions)**  Brian Moses | Dymocks  Dymocks, Booktopia  Peoplemaking Vic | * **Anger is Like Armour - Big Hug Book by Shona Innes - I want to shout and stamp about!:** Poems about being angry by Tony Mitton |
| Self management  Focus 4 Dealing with frustrating and  angry situations | **Where the wild things are** by Maurice Sendak  **When Sophie Gets Angry Scholastic Bookshelf: Feelings by** Molly Bang | Booktopia, Dymocks  Booktopia, Dymocks | * **When Sophie Gets Angry Scholastic Bookshelf: Feelings by** Molly Bang- Booktopia, Peoplemaking and Dymocks |
| Social Awareness  Focus 1  Bringing colour into other people’s lives | **Rose meets Mr Wintergarten** by Bob Graham | Dymocks Booktopia | * **Making Friends is an Art! -** Julia Cook - at Dymocks, Booktopia and Peoplemaking Vic |
| Social Awareness  Focus 2  Friends Colour our Lives | **How to Be A Friend - A Book About Friendship** Molly Wigand | Booktopia | **One by** Kathryn Otoshi – at Peoplemaking Vic, Dymocks and Booktopia |
| Social Awareness  Focus 3 Meeting new people | **The Fabulous Friend Machine** by Nick Bland | Dymocks, Booktopia | * **The Very Best of Friends By: Margaret Wild**   **Jessica’s box** by Peter Carnavas |
| Social Awareness  Focus 5 When Friendships make you blue | **The Paper Bag Princess** by Robert Munsch and Michael Martchenko  **One by** Kathryn Otoshi - Peoplemaking Vic | Dymocks, Booktopia  Dymocks, Booktopia  Peoplemaking Vic | * Say Hello by Jack & Michael Foreman - at Dymocks and Booktopia * **Stand tall Molly Lou Melon by Patty Lovell –** at Peoplemaking Vic, Dymocks and Booktopia |
| Relationship Skills  Focus 1 Problems with friends | [**The Day the Crayons Quit**](https://www.booktopia.com.au/the-day-the-crayons-quit-drew-daywalt/prod9780007513765.html) by [Drew Daywalt](https://www.booktopia.com.au/search.ep?author=Drew%20Daywalt) and [Oliver Jeffers](https://www.booktopia.com.au/search.ep?author=Oliver%20Jeffers) | Dymocks, Booktopia  Scholastic | **Snail Started it** by Katja Reider  **Tea with Bea** by Louis Baum and George Birkett |
| Relationship Skills  Focus 2 and 3  The benefit of the doubt | **Mabel’s Magical Garden** by Paula Metcalf  This is specifically about perceptions and misunderstandings in friendships  **Replace with:**  **What James Said** Liz Rosenberg | Dymocks, Booktopia |  |
| Relationship Skills - Focus 4 and 5 What is bullying? Who is involved in bullying? | **The Recess Queen -** Alexis O’Neill and Laura Huliska-Beith | Dymocks, Booktopia  Scholastic | * **The Tease Monster (A Book about teasing vs. bullying by** Julia Cook at Dymocks and Booktopia * **Say Something by** Peggy Moss at Peoplemaking Vic, Dymocks and Booktopia * **Eagle, Crow and Emu** by Milroy Gladys at Dymocks and Booktopia |

|  |  |  |  |
| --- | --- | --- | --- |
| **Year 3** | | | |
| Self awareness  Focus 1 My self-esteem | **Sample Text** | **Available from** | **Other suggested titles** |
| Self awareness  Focus 2 Physical and emotional health | Resource sheet Story in text in the Teacher Book: Story of young Wilbur Chapman and his pig Pete | Story in text in the FS Teacher Book: |  |
| Self management  Focus 1 Managing our feelings | **‘When I feel jealous’ by Cornelia Spelman and Kathy Parkinson at Dymocks.** | Dymocks | The Huge Bag Of Worries by Virginia Ironside and Frank Rodgers at Dymocks and Booktopia  **When I am feeling Jealous** by Trace Moroney |
| Self management  Focus 2 Positive thinking | **How to Heal a Broken Wing by Bob Graham**  **Alexander and the Terrible, Horrible, No Good, Very Bad Day -** by Judith Viorst and Ray Cruz | Dymocks, Booktopia  Dymocks and Booktopia | * **What do you do with a chance – Kobi Yamada**  at Dymocks and Booktopia * **Hope – is an Open Heart** by Lauren Thompson |
| Self management  Focus 3 Perseverance | [**The Most Magnificent Thing**](https://www.booktopia.com.au/the-most-magnificent-thing-ashley-spires/prod9781554537044.html)by Ashley Spires  Great new story to add to this lesson  **The little engine that could by Watty Piper and George Hauman** | Dymocks, Booktopia  Dymocks, Booktopia | * **What do you do with a chance – Kobi Yamada**  at Dymocks and Booktopia * **What do you do with a problem – Kobi Yamada** at Dymocks and Booktopia * **Running shoes by Fredrick Lipp** * **When pigs ﬂy** by Valerie Coulman and Rogé Girard |
| Social awareness  Focus 1. Giving – making deposits | **The gift: A Hanukkah story** by Aliana Brodmann and Anthony Carnabuci  Can be replaced with:  **Have You Filled A Bucket Today by Carol McLeod** | Dymocks, Booktopia |  |
| Social awareness  Focus 2 Making things better | **Enemy pie** by Derek Munson and Tara Calahan King  **Add to this lesson**  **Stick and Stone** by Beth Ferry | Dymocks, Booktopia  Dymocks, Booktopia |  |
| Relationship Skills  Focus 1 Bullying Behaviours | **The Recess Queen b**y Alexis O’Neill and Laura Huliska-Beith | Dymocks, Booktopia | **Leave Me Alone by Kes Gray** |
| Relationship Skills Focus 3 How does it feel to be bullied? | **King of the playground** by Phyllis Reynolds | Dymocks, Booktopia  Peoplemaking |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Year 4** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles** |
| Self awareness  Focus 1 Exploring my values | **Storm Boy picture book** by Colin Thiele  **The Three Questions by Jon J Muth** | Dymocks, Booktopia  Dymocks, Booktopia | **The Peasant Prince by Li Cunxin at Dymocks and booktopia**  **The Treasure Box By Margaret Wild at Dymocks and booktopia** |
| Self awareness  Focus 2 Values and manners online and offline | **Mind Your Manners,** B.B. Wolf by Judy Sierra and J. Otto Seibold  **Dude, That's Rude!** By Pamela Espeland**,** | Booktopia and Dymocks  Dymocks, Booktopia | * My mouth is a volcano by Julia Cook and Carrie Hartman at Dymocks and booktopia |
| Self management  Focus 3 Standing up for what you believe in and value | **The Recess Queen b**y Alexis O’Neill and Laura Huliska-Beith  **Bus Called Heaven** by Graham,Bob | Dymocks, Booktopia  Dymocks, Booktopia  Scholastic | * **Stick and Stone by Beth Ferry, Tom Lichtenheld at Dymocks and booktopia** * **Mutt Dog** by Stephen Michael Kingat Dymocks and booktopia |
| Social awareness  Focus 1 Friends and friendship groups | **Pearl Barley and Charlie Parsley** by Aaron Blabey | Dymocks, Booktopia | * Promises, promises, a short story in Hot issues, cool choices by Sandra McLeod Humphrey and Brian Strassburg. |
| Social awareness  Focus 2 Equality and exclusion in groups | **The Invisible Boy** by Trudy Ludwig | Dymocks, Booktopia | * Musical chairs a short story in Hot issues, cool choices by Sandra McLeod Humphrey and Brian Strassburg.   **Clancy The Courageous Cow** by Lachie Hume |
| Social awareness  Focus 3 Empathy – understanding how others feel | **My Cat Maisie -** [Pamela Allen](http://www.dymocks.com.au/Authors/pamela-allen)  **Those Shoes by** Maribeth Boelts | Dymocks, Booktopia  Dymocks, Booktopia | Stories to read to teach empathy  **Wonder by R J Palacio -** Dymocks, Booktopia   * **Just My Luck by Cammie McGovern** Dymocks, Booktopia * The Indian In The Cupboard by Lynne Reid Banks and Brock Cole at Dymocks, Booktopia   **The Big Little Book Of Happy Sadness** by Colin Thompson |
| Relationship Skills Focus 1 Behaviours that are bullying | **My Secret Bully** by Trudy Ludwig and Susan Wellman | Dymocks, Booktopia |  |
| Relationship Skills Focus 2 Who is involved in bullying? | **A Bugs Life (DVD or story)**  **A Bug's Life by Marie Crook**  **A Bug's Life (1998) Scene: 'Hopper'**  The section of the video where Hopper the grasshopper bullies the ants and then bullies his brother. This shows how the other grasshoppers are involved as well because they are scared of Hopper as well.  [**https://www.youtube.com/watch?v=OvcVB6lcYkQ**](https://www.youtube.com/watch?v=OvcVB6lcYkQ) | Dymocks and Booktopia | **Juice Box Bully - Empowering Kids to Stand Up for Others BY** Bob Sornson, Maria Dismondy – Dymocks, Booktopia  **The Power of Bystanders by** Kip Jones at Dymocks, Booktopia |
| Relationship Skills Focus 4 Why some people  bully but most  people don’t | **Nobody Knew What To Do: A Story About Bullying** by Becky Ray McCain and Todd Leonardo | Dymocks, Booktopia Peoplemaking | **Real Friends by Shannon Hale at** Dymocks, Booktopia |

|  |  |  |  |
| --- | --- | --- | --- |
| **Year 5** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles** |
| Self awareness  Focus 1 Understanding emotional response | The Way I Feel by Janan Cain | Booktopia  Dymocks |  |
| Self awareness  Focus 2 Understanding human needs | **We Are All Born Free** - The Universal Declaration of Human Rights in pictures by Amnesty International. | Booktopia  Dymocks | A Child’s Garden of Verses by Michael Forman (hope) – Booktopia, Dymocks  The Breadwinner by Deborah Ellis (survival) - Booktopia, Dymocks |
| Self awareness  Focus 3 Cool friend, good friend | Me, myself and I by Sandra McLeod Humphrey and Brian Strassburg: This story is in the book:  **Hot Issues, Cool Choices:** Sandra McLeod Humphrey | eBook at Dymocks  eBoook at Booktopia |  |
| Self management  Focus 2 Being responsible for myself | **Text ‘Old Boots’** Story in text in the Teacher Book |  |  |
| Self management  Focus 4 Having a positive attitude | Prince Francis by Roddy Pope. This story is in the book:  **Free?**  **Stories about Human Rights** | Dymocks and Booktopia | * Red piano by Andre Leblanc * Spirit of hope by Bob Graham |
| Social awareness  Focus 2 Friendship and tricky situations | Going, going, gone! by Sandra McLeod Humphrey  This story is in the book:  **Hot Issues, Cool Choices: Facing Bullies, Peer Pressure, Popularity, and Put-downs** | eBook at Dymocks  eBoook at Booktopia | The Legend of Rock Paper Scissors by Drew Daywalt at Booktopia, Dymocks |
| Social awareness  Focus 3 Social responsibility | Hot dogs and other dogs by Sandra McLeod Humphrey.  This story is in the book:  **Hot Issues, Cool Choices: Facing Bullies, Peer Pressure, Popularity, and Put-downs** | eBook at Dymocks  eBoook at Booktopia | * A symphony of whales by Steve Schuch * The Peace Book by Todd Parr at Dymocks, Booktopia and Peoplemaking * Peaceful Heroes by Jonah Winter at Dymocks and Booktopia |
| Relationship Skills Focus 1 The Truth about bullying | Operation meltdown by Sandra McLeod Humphrey  This story is in the book:  **Hot Issues, Cool Choices: Facing Bullies, Peer Pressure, Popularity, and Put-downs** | eBook at Dymocks  eBoook at Booktopia |  |
| Relationship Skills Focus 2 Types of bullying | Warning: Mineﬁeld ahead! by Sandra McLeod Humphrey  This story is in the book:  **Hot Issues, Cool Choices: Facing Bullies, Peer Pressure, Popularity, and Put-downs** | eBook at Dymocks  eBoook at Booktopia |  |
| Relationship Skills Focus 3  Is this bullying? | **Just Kidding** by Tracy Ludwig | Booktopia, Dymocks | **Confessions of a Former Bully by Trudy Ludwig and Beth Adams** Booktopia, Dymocks |
| Relationship Skills Focus 3  Is this bullying? | School Slave by Theresa Breslin. This story is in the book:  **Free?**  **Stories about Human Rights** | Dymocks and Booktopia |  |
| Extra stories to read to class to develop bullying empathy and perspective taking |  |  | **They All Saw a Cat Written and illustrated by Brendan Wenzel -** Picture book abut perspective taking. Booktopia, Dymocks  **Each Kindness - Jacqueline Woodson -** Booktopia, Dymocks  Winner of a coretta scott king honor and the jane addams peace award Each kindness makes the world a little better |

|  |  |  |  |
| --- | --- | --- | --- |
| **Year 6** | | | |
| **Focus** | **Sample Text** | **Available from** | **Other suggested titles** |
| Self awareness  Focus 1  Getting what we want | Klaus Vogal and the bad lads by David Almaond – This story is in the book:  **Free?**  **Stories about Human Rights** | Dymocks and Booktopia | **Feathers by Phil Cummings -** Scholastic |
| Self awareness  Focus 2  Aggressive or assertive? | No trumpets needed by Michael Morpurgo.  **Free?**  **Stories about Human Rights** | See above |  |  | Booktopia  <https://www.booktopia.com.au/search.ep?keywords=Free%3F+Stories+about+Human+Rights&productType=917504> |
| Self management  Focus 1 Making it happen | **The Short and Incredibly Happy Life of Riley by C Thompson & A Lissiat** | Booktopia &  Peoplemaking Vic  Dymocks | * **Water Witcher** by Jan Ormerod * **The Treasure Box** by: Margaret Wild **-** at Dymocks and Booktopia |
| Self management  Focus 2 Self-talk | **Sachirio Honda** | Story in text in the Teacher Book pg 54 | * **Red piano** by Andre Leblanc |
| Social Awareness  Focus 1 Peer groups | **Sunday Chutney** by Alan Blabey  Or  **New: A Bad Case of Stripes** by David Shannon - Peer pressure (can be used in next lesson instead of here) | Booktopia, Dymocks  Dymocks, Booktopia |  |
| Social Awareness  Focus 2 Responding to negative peer pressure | **Peer Pressure Gauge - Julia Cook** | Booktopia | Odd bird |
| Relationship Skills Focus 1 Bystanders to bullying, anti-social and inappropriate behaviours | **Shredderman: Secret identity** by Wendelin van Draanen | Booktopia Dymocks |  |
| Extra stories to read to class to develop empathy and perspective taking |  |  | **The Song from Somewhere Else by A. F. Harrold** at Dymocks and eBook from Booktopia  **The Journey by Francesca Sanna** at Dymocks and Booktopia |

**Extra SEL Book List**

**Perspective Taking:**

Young dark Emu (won a lot of awards - Voted number one by children Dymocks) <https://www.dymocks.com.au/book/young-dark-emu-by-bruce-pascoe-9781925360844>

Voices in the Park – Anthony Browne <https://www.dymocks.com.au/book/voices-in-the-park-by-anthony-browne-and-anthony-browne-9780552545648>

Home and Away – John Marsden <https://www.dymocks.com.au/book/home-and-away-by-john-marsden-and-matt-ottley-9780734417190>

The Day the Crayons Quit – Drew Daywalt <https://www.dymocks.com.au/book/the-day-the-crayons-quit-by-drew-daywalt-and-oliver-jeffers-9780007513765>

Seven blind mice – Ed Young <https://www.dymocks.com.au/book/seven-blind-mice-by-ed-young-9780698118959>

Hey little Ant – Hannah Moose <https://www.dymocks.com.au/book/hey-little-ant-by-hannah-hoose-and-philip-m-hoose-and-debbie-tilley-9781883672546>

**Cultural Awareness:**

Welcome to Country: Youth Edition - <https://www.dymocks.com.au/book/welcome-to-country-youth-edition-by-marcia-langton-9781741176667>

Voted number one by children Dymocks – Young dark Emu (won a lot of awards) <https://www.dymocks.com.au/book/young-dark-emu-by-bruce-pascoe-9781925360844>

Finding Our Heart – Thomas Mayor <https://www.dymocks.com.au/book/finding-our-heart-by-thomas-mayor-and-blak-douglas-9781741177176>

Found – Bruce Pascoe <https://www.dymocks.com.au/book/found-by-bruce-pascoe-and-charmaine-ledden-lewis-9781925936483>

Our Home, Our Heartbeat – Adam Briggs <https://www.dymocks.com.au/book/our-home-and-our-heartbeat-by-adam-briggs-and-kate-moon-and-rachael-sarra-9781760504168>

My Place - Nadia Wheatley <https://www.dymocks.com.au/book/my-place-by-nadia-wheatley-and-donna-rawlins-and-donna-rawlins-9781921150654>

The little Refugee – Anh Do <https://www.dymocks.com.au/book/the-little-refugee-by-anh-do-and-suzanne-do-and-bruce-whatley-9781742378329>

**Standing up:**

Non fiction: Stories for kids who Dare to be different - <https://www.dymocks.com.au/book/stories-for-kids-who-dare-to-be-different-by-ben-brooks-and-quinton-winter-9781787476523>

Body Positivity:

Love your Body - <https://www.dymocks.com.au/book/stories-for-kids-who-dare-to-be-different-by-ben-brooks-and-quinton-winter-9781787476523>

**Consent:**

Your Body Belongs to you – Cornelia spelman <https://www.dymocks.com.au/book/your-body-belongs-to-you-by-cornelia-spelman-and-cornelia-maude-spelman-and-teri-weidner-9780807594735>

**Acceptance:**

Dandelion – Don Freeman <https://www.dymocks.com.au/book/dandelion-by-don-freeman-and-jerry-terheyden-9781595190239>

The Boy in the dress – David Williams <https://www.dymocks.com.au/book/the-boy-in-the-dress-by-david-walliams-and-quentin-blake-9780007279043>

I talk like a river – Jordan Scott <https://www.dymocks.com.au/book/i-talk-like-a-river-by-jordan-scott-and-sydney-smith-9781406397222>

Friendship and Persistence:

The Emu who ran through the sky <https://www.dymocks.com.au/book/the-emu-who-ran-through-the-sky-by-helen-milroy-9781925936018>

**Emotion Regulation:**

Use your noodle – Sarah Brazier <https://www.dymocks.com.au/book/use-your-noodle-by-sarah-brazier-and-andrew-hopgood-9781925839517>

Kid’s Guide to Staying Awesome and in Control – Lauren Brukner <https://www.dymocks.com.au/book/kids-guide-to-staying-awesome-and-in-control-by-lauren-brukner-and-apsley-9781849059978>

How to be a superhero called self-control: Lauren Brukner <https://www.dymocks.com.au/book/how-to-be-a-superhero-called-self-control-by-lauren-brukner-and-anthony-phillips-smith-9781849057172>

Self-Control to the Rescue! – Lauren Brukner <https://www.dymocks.com.au/book/self-control-to-the-rescue-by-lauren-brukner-and-apsley-9781785927591>

Stay Cool and in Control with Keep-Calm Guru – Lauren Brukner <https://www.dymocks.com.au/book/stay-cool-and-in-control-with-the-keep-calm-guru-by-lauren-brukner-and-anthony-phillips-smith-9781785927140>

What were you thinking – Bryan Smith <https://www.dymocks.com.au/book/what-were-you-thinking-by-bryan-smith-and-lisa-m-griffin-and-lisa-griffin-9781934490969>

B is for Breathe – Melissa Munro Boyd <https://www.dymocks.com.au/book/b-is-for-breathe-by-melissa-munro-boyd-9781733939003>

**Expressing Emotions:**

The red tree – Shaun Tan <https://www.dymocks.com.au/book/the-red-tree-by-shaun-tan-and-shaun-tan-9780734411372>

Listening to my body – Gabi Garcia <https://www.dymocks.com.au/book/listening-to-my-body-by-gabi-garcia-and-ying-hui-tan-9780998958019>

When sadness is at your door – Eva Eland <https://www.dymocks.com.au/book/when-sadness-is-at-your-door-by-random-house-9780525707189>

Tough Guys (have feelings too) – Keith Negley <https://www.dymocks.com.au/book/tough-guys-have-feelings-too-by-keith-negley-9781912497157>

The boy with the big, big feelings – Britney Winn Lee <https://www.dymocks.com.au/book/the-boy-with-big-and-big-feelings-by-britney-winn-lee-and-jacob-souva-9781506454504>

**Anger:**

Anh’s Anger – Gail Silver <https://www.dymocks.com.au/book/anhs-anger-by-gail-silver-and-christiane-kromer-and-christiane-kr%C3%B6mer-9781888375947>

Anxiety:

Sarah and the Steep Slope – Danny Parker <https://www.dymocks.com.au/book/sarah-and-the-steep-slope-by-danny-parker-and-matt-ottley-9781760503734>

Ruby find a worry – Tom Percival <https://www.dymocks.com.au/book/ruby-finds-a-worry-by-tom-percival-9781547602377>

**Empathy:**

Empathy is my Superpower – Bryan Smith <https://www.dymocks.com.au/book/empathy-is-my-superpower-by-bryan-smith-and-lisa-m-griffin-9781944882297>

**Making choices about right and wrong:**

If you had to choose, what would you do? – Sandra McLeod Humphrey <https://www.dymocks.com.au/book/if-you-had-to-choose-and-what-would-you-do-by-sandra-mcleod-humphrey-9781615920143>

**Self-awareness**

Last stop on Market Street <https://www.dymocks.com.au/book/last-stop-on-market-street-by-matt-de-la-pena-and-christian-robinson-9780399257742>

Because Amelia Smiled - David Ezra Stein <https://www.dymocks.com.au/book/because-amelia-smiled-by-david-ezra-stein-9780763641696>

Pass it On – Sophy Henn <https://www.dymocks.com.au/book/pass-it-on-by-sophy-henn-9780399547751>

**Colours and Emotions:**

The colour monster – Anna Llenas, <https://www.dymocks.com.au/book/the-colour-monster-by-anna-llenas-9781783704231>

The many colours of Harpreet Singh- Supriya Kelkar, <https://www.dymocks.com.au/book/many-colors-of-harpreet-singh-by-supriya-kelkar-and-alea-marley-and-simran-jeet-singh-9781454931843>

Allie All Along – Sarah Lynne Reul, <https://www.dymocks.com.au/book/allie-all-along-by-sarah-lynne-reul-9781454928584>

My many colored days - Dr seuss, <https://www.dymocks.com.au/book/my-many-colored-days-by-dr-seuss-and-stephen-t-johnson-and-lou-fancher-9780679875970>

Wake up color pup- Taia Morley, <https://www.dymocks.com.au/book/wake-up-and-color-pup-by-taia-morley-9780399559457>

I feel Teal – Lauren Rille, <https://www.dymocks.com.au/book/i-feel-teal-by-lauren-rille-and-aimee-sicuro-9781481458467>